

# Introduction to the Postabortion Care Global Resources Guide

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Since 1994, the United States Agency for International Development (USAID) has supported postabortion care programs in over 30 countries. In the fall of 2001, a global evaluation was done of its postabortion care programs followed by the development of a five-year strategy. The Postabortion Care (PAC) model was revised, a results framework with indicators was developed, and the Postabortion Care Global Resources Guide was identified as a key activity in the strategy to respond to the need for standardized materials.

The PAC Global Resources Guide is not meant to overhaul what currently exists in countries but rather to supplement materials that countries already have. The documents may be used in their current form or adapted as needed to your country context.

## WHAT IS THE POSTABORTION CARE GLOBAL RESOURCES GUIDE?

The PAC Global Resources Guide is a compilation of basic instruments intended for policymakers and program planners who are designing or revising their current postabortion care program. Organizations that provide assistance to PAC programs worldwide may also benefit from this package. More than 600 documents were reviewed for the PAC Global Resources Guide. Each section of the Resources Guide has undergone extensive international review and field testing. The materials include:

### USAID Postabortion Care Model

- Includes results frameworks and a menu of indicators for global and country programs.
- Countries should choose indicators specific to their individual program for monitoring and evaluation purposes.

### “What Works: A Policy and Program Guide to the Evidence on Postabortion Care”

- Includes findings from 400 articles dating from 1990 to 2004 related to PAC. Each article has been measured against the Gray level of evidence.
- Includes research related to policy, costs, programming, and training for PAC.
- Reviews original studies and primary sources.
- Organized by the three core components of the revised USAID PAC model.
- The “Summary of Evidence” provides a centralized listing of the research summary statements. The full research compendium is found on the accompanying CD-ROM and on the website: [www.postabortioncare.org](http://www.postabortioncare.org)

### **Policies, Service Delivery Guidelines, and Training Curricula**

- Includes a listing of recommended policies, curricula and service delivery guidelines selected from more than 96 documents from 13 countries.
- Includes table of contents or summaries of all recommended documents. Full copies of the recommended documents can be found on the accompanying CD-ROM and on the website: [www.postabortioncare.org](http://www.postabortioncare.org).
- Assessment Guides to review your country's current documents for each of the following areas:
  - ▶ Policy
  - ▶ Service Delivery Guidelines
  - ▶ Training Curricula
- Research found to have "Strong Evidence" is listed at the bottom of each assessment guide to assist with the review of research for inclusion when writing or revising any of the above sections.
- A "How To" guide for using the PAC Global Resources Guide for writing or revising each of the above named sections.

### **Client-Provider Communication Materials**

- Set of communication materials for clients, providers, communities, and health facilities, including:
  - ▶ Client brochure
  - ▶ Clinic poster
  - ▶ Provider checklist
  - ▶ WHO Medical Eligibility Criteria Wheel for Family Planning
  - ▶ Chart checklist and post-procedure record
  - ▶ Referral slip
  - ▶ Register for data collection
  - ▶ Wall chart for vacuum aspiration
  - ▶ Community meeting guide on bleeding during pregnancy
  - ▶ Radio spot

### **Other Tools**

#### ***PAC Community Mobilization Facilitator's Manual***

- Field tested in Bolivia, Kenya, Peru, Egypt, and Senegal.
- Used to reach more than 27,000 community residents regarding postabortion care.
- Adapted for use with religious leaders in Egypt (accompanying banner and teaching tools available only in Arabic with English translation for country adaptation).

#### ***"ALLOCATE" Model***

- A user-friendly computer model for planning funding levels for reproductive health programs.
- Examines the linkages and interactions between family planning, safe motherhood, and postabortion care.
- Helps to answer the questions:
  - ▶ How much funding is required to achieve the goals of reproductive health action plans?
  - ▶ What goals are feasible for indicators such as unintended pregnancies, maternal mortality ratio, abortions?
  - ▶ How to best allocate available resources to best achieve these goals?