Postabortion Care – A Good Investment for meeting Global Initiatives

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2016 International Conference on Family Planning
Nusa Dua, Indonesia – January 2016
Overview of Presentation

- **Global Initiatives**
  - Sustainable Development Goals
  - Family Planning 2020

- **Priorities for addressing:**
  - Maternal Mortality
  - Newborn Deaths

- **Postabortion Care:**
  - Who are the women
  - What is the intervention
  - What is the impact of the intervention

- **Tools for moving forward**
The Global Goals for Sustainable Development
SDG 3 - Ensure healthy lives and promote well being for all at all ages

By 2030...

Reduce maternal mortality ratio to <70/100,000 live births

End preventable deaths of newborns and children under 5 years of age;
aim to reduce
- neonatal mortality to 12/100,000 live births
- under five mortality to 25/1,000 live births

End the epidemic of AIDS, TB, malaria neglected tropical diseases and combat hepatitis, water-borne diseases and other communicable diseases

SDG 5 - Ensure universal access to sexual and reproductive health and reproductive rights
SDG 5 – Achieve gender equality and empower all women and girls

Ensure universal access to sexual and reproductive health and reproductive rights

as agreed in accordance with
the Programme of Action of the International Conference on Population and Development (ICPD)
and
The Beijing Platform for Action and the outcome documents of their review conferences
Goal: enable 120 million more women and girls to use FP by 2020 while ensuring rights of women and girls to freely choose the when, how and the number of children they wish to have.

What we know - Findings:

- Scaling up FP and preventing unintended pregnancies will avert 78 million for the 147 million child deaths.
- Data from 172 countries indicate that in one year, FP prevented an estimated 272,000 maternal deaths; a 40% reduction.
Maternal Health

10 Priority Actions

• 2. Strengthen FP services as prevention
• 6. Increase focus on averting and addressing maternal morbidity and disability

Goal: 70/100,000 maternal deaths by 2030

USAID approach:
Promote and advocate for women’s informed choice in use of FP, maternity care and other health services
Newborn Deaths

• 35% of newborn deaths are due to preterm birth

**Maternal Risk Factors**
- low socioeconomic and educational status
- **low and high maternal ages**
- single marital status
- Black
- hard physical labor
- *interpregnancy interval of less than six months*
- maternal depletion/nutritional status
- psychological/emotional stress

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PAC: one response to SDGs 3,5 and FP2020
USAID’s Postabortion Care Model
Three Core Components of Postabortion Care

Emergency Treatment

Immediately do...

FP Counseling, Provision; Selected RH (STI, HIV)

Community Empowerment through Community Awareness and Mobilization
1 in 4 women in developing countries have an unmet need for FP = 222 MILLION women with unmet need!!!!

Each year:
- 210 million pregnancies
- 80 million unintended pregnancies
- 44 million abortions
- 30 million miscarriages
- 67,000 women die from unsafe abortion: 9% of all pregnancy-related deaths; most occurring in Southeast Asia
Demographics of PAC Clients

- Married, cohabitating or in union: 65%
- Parity: 3 or more
- Repeat aborters: 35%
- Interested in using a contraceptive: 50%

Source – Kidder, Sonveldt, Hardee - 2004
Who are the women?  
Women with unmet need for FP

Postpone Pregnancy

OR

Stop Childbearing altogether

Why women seek abortion

Alan Guttmacher, 2007
Abortion Rates, Pre-abortion FP Use and FP Uptake after Postabortion FP Counseling

- **Prata et al, 2013 - Ethiopia (n=1200)**
  - Postabortion FP Uptake: 75%
  - Preabortion FP Use: 56%
  - Previous AB Rate: 30%

- **Ceylan, et al 2009 - Turkey (n=322)**
  - Postabortion FP Uptake: 80%
  - Preabortion FP Use: 45%
  - Previous AB Rate: 27%

- **Delveaux et al, 2008 - Cambodia (n=2224)**
  - Postabortion FP Uptake: 85%
  - Preabortion FP Use: 46%
  - Previous AB Rate: 14%

- **Rose, et al, 2012 - China (n=305)**
  - Postabortion FP Uptake: 97%
  - Preabortion FP Use: 50%
  - Previous AB Rate: 41%

- **Tavrow et al, 2012 - Kenya (n=1080)**
  - Postabortion FP Uptake: 97%
  - Preabortion FP Use: 54%
  - Previous AB Rate: 8%

- **Ferreira Al, 2010 (Brazil) (n=150)**
  - Postabortion FP Uptake: 97%
  - Preabortion FP Use: 27%
  - Previous AB Rate: 26%
Joint Statement
by

- FIGO,
- ICM,
- ICN
- DFID
- Gates
- White Ribbon Alliance
- Others

FAMILY PLANNING:
A KEY COMPONENT OF POST ABORTION CARE

Consensus Statement: International Federation of Gynecology and Obstetrics (FIGO), International Confederation of Midwives (ICM), International Council of Nurses (ICN), and the United States Agency for International Development (USAID)

25 September 2009
Proven Practices

- Sufficient evidence exists
What's at Stake?

If contraception were provided to the 137 million women who lack access...

maternal mortality would decline by 25% to 35%.

(Lule, Singh and Chowdhury, 2007)

54 million unintended pregnancies could be averted...

Help prevent 12 million new HIV infections...

Would assist in reducing under five child mortality by 35% across countries

Don't FORGET!