LARC Learning Resource Package

OVERVIEW OF METHODOLOGY AND CONTENT
Evidence from an Integrated review of literature on “Effective In service training techniques”

• Didactic = “low to no” outcomes
• Simulation is effective
• Practice and feedback: ‘dosage’ matters
• Shorter, but more often
• Workplace-like setting is better for skill development
LARC LRP Modules

Module 1: Introduction to LARC
Module 2: FP Counseling
Module 3: Medical Eligibility and Client Assessment
Module 4: Quality of Care
Module 5: Infection Prevention for LARC Methods
Module 6: Copper Intrauterine Device (Cu-T 380-A)
Module 7: Hormonal Intrauterine Device (LNG-IUS)
Module 8: Postpartum Intrauterine Device
Module 9: Postabortion Intrauterine Device
Module 10: Contraceptive Implants

Based on these key resources:
Overview of Approach to LARC LRP

**Modular**
- Practice heavy, modular approach, need based
- 70% skill practice and 30% theory

**OJT**
- Deliver on-the-job, in a more realistic environment. Does not disrupt routine services.

**Facility-based**
- Bring in participants from other places. Some do exercises in small groups while others practice with clients

**OJC**
- Post training coaching, assessment and mentorship
Contents of the modules

- Detailed session plan for facilitators & learners
- Handouts
- Job aids
- Facilitator tools
- Link for videos
- Checklists - counselling & clinical skills
- Activities
- Roleplay scenarios
- Pre & posttests
- Sample training schedule for facility based trainings
Phases of Implementation

Before

- Orient Program staff & MOH to approach & LRP
- Develop team of clinical mentors
- Finalize data collection tools for monitoring LARC service
- Conduct a facility needs assessment

During

- Conduct facility based training of service providers.
- Follow up & Mentoring trained service providers
- Identify Peer Practice Coordinator

After

- Maintaining Quality LARC services

  Service providers follow standard guidelines, document services, display of dashboard indicators, follow up & use data for action & improving quality of services, Involve new mentors in OJT & coaching
Overview of the process

1. Training Needs Assessment
2. Module Training by Clinical Mentor
3. Practice Sessions & Feedback
4. Clinical Mentor Follow-up
5. Practice Sessions & Feedback
6. Clinical Mentor Final Assessment

The process is cyclic, with feedback and assessment forming a continuous loop.
For more information, please visit www.mcsprogram.org

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